

## Return of Lode Tennis Club Coaching

Saturday afternoons for 8 weeks starting 7 May 2011

We have appointed a brand new coach to provide a course of tennis coaching sessions for an 8 week period on Saturday afternoons starting from 7 May (extended to 10 weeks if required as a result of cancellations for bad weather).

Our new coach has a lot of brilliant new ideas and coaching techniques. The course will be split into one hour long sessions, starting at 2pm. We expect that the first two or three sessions will be for youngsters (so 2pm to3pm, 3pm to 4pm and 4pm to 5pm) and then the last one hour from 5pm may be for adults (all depending on demand). You don't have to have your own racket, nor any previous experience.

The cost will still be £6.50 per session for adults and just £2 for children. We are hoping to encourage youngsters into the sport, so we have not made it compulsory to be members of the club, but young **members** will have preference over **non** member youngsters, and adults will come after that.

This is a unique opportunity to try out tennis, or to improve your tennis skills. If you would like to be allocated a place on the course then contact Jeff Kempster on 01223 812194 asap.