

Return of Lode Tennis Club Coaching

Monday to Thursday on each of two weeks starting 25th July 2016

We have retained our coach David Nation to provide another course of tennis coaching sessions. This year it will be concentrated into two weeks, on Monday to Thursday each week starting from 25th July (extended with extra days if required as a result of cancellations for bad weather).

The course will be split into one hour long sessions, the first starting at 2pm (so 2pm to3pm, 3pm to 4pm, 4pm to 5pm, and 5pm to 6pm). We expect that there will be two or three sessions for juniors, and one for adults depending on demand. You don't have to have your own racket, nor any previous experience.

The cost will be just £5 per session for juniors, and £8 per session for adults. We are hoping to encourage youngsters into the sport, so we have not made it compulsory to be members of the club, but young **members** will have preference over **non** member youngsters, and adults will only have an opportunity if there is not enough interest from the juniors. Please note that places in each category will be reserved on a first come first served basis, but reservations <u>must be accompanied by payment of the full fee</u>.

This is a unique opportunity to try out tennis, or to improve your tennis skills. If you would like to be allocated a place on the course then contact Jeff Kempster on 01223 812194. You will need to reserve your place by no later than Sunday 3rd July 2016.